**Bodywise Studio Covid Policy – March 22**

**Communal Areas (Foyer and Toilets)**

Please don’t come to The Bodywise Studio if you have, or may have, Covid.

Please wear a face covering and maintain social distance from staff and other clients while moving around the venue.

Please use the hand sanitiser that is available in the foyer when you arrive and leave.

Touch points are regularly cleaned by the Staff.

**Main Studio**

There is a mechanical ventilation system which will be turned onfor the duration of the class.

The ventilation system is adequate to keep CO2 levels (and therefore the risk of virus transmission) low enough when there are a maximum of 8 people in the room. Class size is therefore restricted to 7 clients and 1 teacher.

There is an air filter which may also be turned on for the duration of the class.

The teacher willmake sure that each client has access to a clean mat and clean equipment. You may bring your own mat and equipment if you prefer.

You are welcome to remove your face covering while on your mat participating in the class.

The teacher will make sure that any Bodywise equipment is cleaned at the end of the class. You may be asked to help with this.

Your teacher will have done a risk assessment to inform how they organise and teach their classes.

**Small Studio**

There is a mechanical ventilation system which will be turned onfor the duration of your session.

The ventilation system is adequate for a maximum of 2 people in the room, one teacher and one client. If there are two clients from the same household 2:1 sessions are possible.

Work in this room almost certainly involves close contact work and so your teacher is likely to be wearing PPE such as a face covering and a visor or goggles.

Your practitioner will advise you whether to remove your face covering during the session.

The teacher will make sure that all the equipment is cleaned before the start of your session. You may bring your own mat and equipment, if you prefer.

The teacher will have done a risk assessment to inform how they organise and teach their sessions.

**Therapy Room**

The window will have been opened before you arriveto air the room**.**

Work in this room almost certainly involves close contact work and so your practitioner is likely to be wearing PPE such as a face covering and a visor or goggles.

Your practitioner will advise you whether to remove your face covering during the session.

Your practitioner willmake sure that all the equipment and furniture is cleaned before you arrive.

The practitioner will have donetheir own risk assessment to inform how they organise and deliver their sessions.

**Testing Positive for Covid**

If you test positive for Covid after having been inside The Bodywise Studio please inform your teacher/therapist as soon as possible.